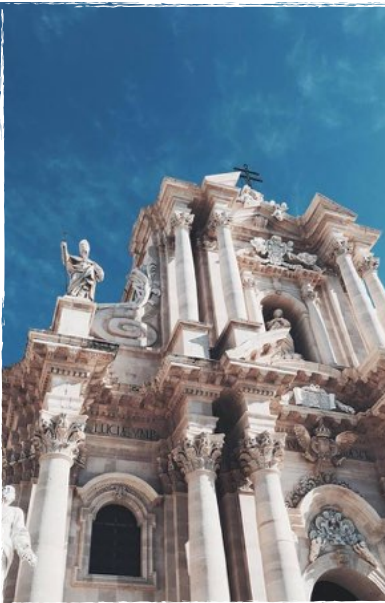


Date
8/4



11天意大利【復活節西西里環島】
美食深度旅攝



復活節不只有彩蛋！ 帶您看西西里復活節怎麼過

特拉帕尼“神秘遊行”
意大利最古老的宗教節日之一，超過四百年的傳統，每年的耶穌受難節下午到聖週六，連續24小時，信眾抬著西西里島最精雕細刻的宗教雕塑遊行。



Procession of “Mysteries” in Trapani
特拉帕尼“神秘遊行”

每逢復活節，西西里城鎮聖比亞焦普拉塔尼都會用麵包建造一座大教堂及拱門，代表著基督勝過死亡。拱門裝飾品全部由麵包，意大利面和水果，由人用手用幾個月時間製成。



Easter Arches of San Biagio Platani
聖比亞焦普拉塔尼 麵包拱門



真正漫遊西西里

環島慢看13城，細嚐美酒美食

行程由西西里當地專家和來自香港的旅遊體驗設計師Maggie Wong共同設計，旨在為您帶來一個獨特的旅程。由於其歷史背景，西西里文化，人文，飲食等皆與意大利大陸大大不同。我們透過多個本地領隊及區域導遊，帶你深入探索西西里文化。由本地攝影師帶領，拍攝時間與位置掌握到位。最後但重要的是，西西里島的美食簡直令人驚嘆。“Eat like a local”是我們的口號，“識飲識食”是我們的實踐。



Day	行程概覽 Brief Itinerary	Highlights
1	巴勒摩 ~ 斯科佩洛 Palermo ~ Tonnara di Scopello	City tour, Street food tour, Tuna village, Natural reserve seaside landscape
2	聖維托洛卡波~埃里切~ 馬爾薩拉 鹽湖 San Vito Lo Capo ~Erice~Marsala Salt pan	Most beautiful beach on the island; Hill top medieval town; Taste the best pastry in Erice. Salt pan sunset photography
3	特拉帕尼「神秘遊行」~阿格里真托 Procession of “Mysteries” in Trapani~Agrigento	The most important Easter procession in Italy
4	阿格里真托 ~神殿之 Agrigento ~Valley of the Temples	City tour visiting the most unusual church in the province; the most important historical site in the world; Valley of the temples sunset photography
5	聖安傑洛穆克薩阿羅~ 聖比亞焦 普拉塔尼 Sant'Angelo Muxaro~ San Biagio Platani	Flower blossom walking experience, taste local procedure, visit cheese maker, traditional village bakery; the most unusual Easter “bread” procession in the world
6	土耳其階梯 ~ 拉古薩 Scala dei Turchi~ Ragusa	The most beautiful white seaside terrace; the most beautiful baroque town on the island; night or sunrise shooting if time allowed
7	莫迪卡~ 古法巧克力製作~ 馬爾扎梅米 Modica~~Marzamemi	Get inside the kitchen of traditional chocolate maker; have a great seaside seafood dinner while enjoying sunset.
8	西拉庫莎 Syracuse	City tour, food market tour, secret spot- quarries area sunset photography
9	卡塔尼亞- 埃特納火 Catania -Mount Etna	Taste the best Etna wine; visit Etna craters; taste the “mother” kitchen food in non- touristic area.
10	陶美娜-卡塔尼亞 Taormina ~ Catania~Aci Castello	The best view theatre in Sicily; city tour; dinner while enjoying sunset.
11	卡塔尼亞 Catania	The most authentic fish market in Sicily
	完	END

跟著本地人去旅行



我們的攝影師領隊

Roberto Zampino 生於西西里島Syracusa，Roberto在意大利、塞浦路斯和倫敦擔任攝影師。專門從事風景，紀錄攝影，肖像，極限體育和故事攝影。許多國際雜誌都在世界各地發表他的故事和照片。他曾出版的攝影畫冊包括 <Sicilian Fisherman Story>，<People of London> 及<People of Shanghai>。Roberto 畢業於倫敦傳播學院 - 新聞攝影和紀錄片攝影碩士學位。

我們的地區專家

西西里島不同地區皆有獨特的文化及地方特色，我們分別在西部，南部及東部某城市也請來“地頭蟲”為團隊帶來更獨到的體驗。其中「聖安傑洛穆克薩阿羅」，「埃特納火山」更為亮點，由該區專人帶領遊覽。又如「神殿之谷」，將安排專人講解歷史。

(註:其他景點皆以攝影為主)



特別行程： 聖安傑洛穆克薩阿羅健行

Sant'Angelo Muxaro 並非一般遊客化地方，位阿格真圖省，坐落在山頂上小鎮，文明在公元前1200年在此發生。區內有重要的西西亞洞穴，我們會由本地行山專家帶領，健行參觀洞穴和欣賞開滿山頭的春花。

人人來西西里為了吃!

下面的例子展示了我們提供的一些典型的晚餐，如西西里人的吃飯方式，每次晚餐將有三道菜 -

第一道菜 - 意大利名字 - *antipasti* (一些典型的開胃菜)

第二道菜 - 意大利名字 - *primi* (通常意大利面，西西里島有許多不同類型的意大利面)

主菜 - 意大利名字 - *secondi* (通常是魚或肉)

以上只是例子，並不代表每家餐廳都有相同的安排，有時候甜點會作為其中一道。



Sardine roll



Casarecce pasta



Pistachio fish



Raw seafood platter



Busiate with modica
chocolate



Deconstructed cannoli

日 行程

Day 1 巴勒摩 ~ 斯科佩洛 (全日約100km, 1.5小時車)

8/4

Palermo ~ Tonnara di Scopello (Today we drive about 100km, 1.5 hrs)

是日早上巴勒摩(Palermo) 集合，巴勒摩以街頭美食著名，我們會到市場 Mercato del capo，感受真正的西西里街市氣氛，及品嚐一些最典型的西西里街頭美食。

後我們由本地導遊帶領市內觀光，這個城市是由腓尼基人在大約2700年前建立的，自那時以來一直由六種不同的文化統治。我們會走在巴勒摩的街頭看這些不同風格的建築，例如Palermo Cathedral (巴勒莫主教座堂)。Piazza Pretoria (普雷托利亞廣場)，廣場保留了16世紀的噴泉，盡顯巴洛克及文藝復興風格。午餐後，自由時間探索更多巴勒莫，您可以購物、參觀巴勒莫諾曼宮，The Palatine Chapel (UNESCO)，是該市最美麗的小教堂。

後我們會沿Lo Zingaro自然保護區行駛，是西西里島的第一個保護區，創建於1981年，七英里未受破壞的大自然。俯瞰Castellammare del Golfo全景，到斯科佩洛(Tonnara di Scopello)，中世紀至1984年這裡是金槍魚村，我們會參觀博物館及在海邊拍攝。

餐: 小吃，午餐，晚餐。宿: 斯科佩洛 (有關酒店, 參閱P14)

Morning visit Mercato del capo market and street food tasting

Walking tour with guide- Palermo city tour . Enjoy lunch in the city.

Free time to explore more Palermo, you can visit the Palermo Norman Palace where the most beautiful chapel of the city located, The Palatine Chapel (UNESCO).

Drive along the coast have a view of the Castellammare del Golfo, we will reach the Tonnara di Scopello, where used to be an important tuna fishing village now hosts a museum. We will have photoshooting along the coast, its part of the Sicily's first nature reserve, Zingaro, established in 1981, stretches for seven kilometers along the north-western coastline of the Gulf of Castellammare, between San Vito Lo Capo and Scopello.

Meal: Street food, Lunch and Dinner included

Overnight: Scopello (about hotel, please refer p14.)





目 行程

Day 聖維托洛卡波~埃里切~ 馬爾薩拉鹽湖 (全日約110km, 2小時車)

2

San Vito Lo Capo ~Erice~Marsala Salt pan (Today we drive about 110km, 2 hrs)

早上遊聖維托洛卡波 享受地中海的加勒比海灘。它位於島的西北部，是西西里島最美沙灘之一，景色壯觀。

及後前往參觀古老山城埃里切， 這座被譽為西西里最有靈氣的古城鎮，海拔高達800餘米，埃里切城中有兩座古堡-派珀利城堡 (Torretta Pepoli)和供奉維納斯(Venus)的維納斯城堡 (Castello di Venere) .我們會帶你參觀本地特產，傳統織布及甜品。

optional :埃里切以其糕點而聞名，如時間許可，您可以參加糕點烹飪課程。（自費）

黃昏到西西里島西部海岸馬爾薩拉， 以其葡萄酒及鹽湖而聞名，我們會入住酒莊酒店Baglio Oneto， 黃昏時分欣賞美麗的鹽湖(Stagnone natural reserve)。

餐: 含早、午餐、晚餐. 宿: 酒莊酒店Baglio Oneto.

Morning visit San Vito Lo Capo, enjoy the caribbean beach of the Mediteranean. San Vito Lo Capo is one of the most loved destinations of Sicily; it is located in the north-western of the island, a pristine area, full of spectacular landscapes.You will stroll along the best white sand beach on the island.

After we will visit Erice, a medieval hilltop town is surrounded by defensive town walls, crowned by a castle, and dominates the surrounding area from its mountainous height of approximately 800 metres above sea level.

optional activity: Erice is famous for its pastry, if time allowed, you can enjoy a pastry cooking class with local. (price not included)

In the evening we will check in a wine resort at Marsala, Marsala wine is one of the most important produce on the island. We will enjoy sunset and dinner at Stagnone natural reserve 。

Meal: Street food, Lunch and Dinner included. Overnight: Marsala.

日 行程

Day 3 特拉帕尼「神秘遊行」~阿格里真托(全日約200km, 3小時車)

Procession of “Mysteries” in Trapani~Agrigento (Today we drive about 200km, 3 hrs)

早上在酒庄酒店享受豐盛香檳早餐後自由活動。

optional: 團友可於酒庄午餐（自費）（在這個特殊日子，特拉帕尼的大部分餐廳可能因遊行活動而關閉）

下午2時參觀特拉帕尼復活節傳統「神秘遊行」。

黃昏驅車前往阿格里真托(約2.5小時車程)。

餐: 含早、晚餐. 宿: 阿格里真托

This morning starts with a fruitful breakfast with sparkling wine. And then enjoy more free time at the wine resort.

optional: for wine lovers, you can enjoy a wine pairing lunch in the resort. (price not included) (note-on this special day most of the restaurants in Trapani will be closed for the procession events)

After we will drive to Trapani for the Procession of “Mysteries”, one of the most amazing Easter procession in Italy. For over 400 years, this procession has represented the passion and death of Christ through 20 sculptures kept in the Church delle Anime del Purgatorio.

Meal: Breakfast and Dinner included. Overnight: Agrigento

Day 4 阿格里真托 ~神廟之谷

Agrigento ~Valley of the Temples

今早我們由本地導遊帶領探索阿格里真托，我們參觀 The Cathedral of San Gerlando及 Santa Maria dei Greci 等特色教堂建築。

下午參觀神廟之谷【世界文化遺產】，由專人導覽講解。

阿格里真托的神廟之谷是希臘境外保存最完好的古希臘神廟群。是自1998年來世界重要的考古遺址之一。該公園是擁有五座神廟的大公園. 我們會在公園拍攝日落。

餐: 含早、午、晚餐. 宿: 阿格里真托

This morning we will have a walking tour with guide- Agrigento old town tour . We will visit some unique churches The Cathedral of San Gerlando, Santa Maria dei Greci and exhibition where exhibit some very important Cathedral Treasure and rich in artworks.

In the afternoon you will visit the Valley of the Temples (UNESCO) with a local guide, the most important testimony of the ancient, classical culture of Sicily. It brings together the temples of gods goddesses as well as the area of the necropolis and sanctuaries outside the walls.

Meal: Breakfast, lunch and Dinner included. Overnight: Agrigento

日 行程

Day 5 聖安傑洛穆克薩阿羅~聖比亞焦普拉塔尼 (全日約90km, 2小時車)

Flower blossom walking experience in Sant'Angelo Muxaro~ San Biagio Platani (Today we drive around 90km, 2 hrs)

早上前往聖安傑洛穆克薩阿羅 (約40分鐘車程) - 位阿格真圖省，坐落在山頂上小鎮，擁有悠久的歷史，文物在公元前1200年左右在此發生。區內有重要的西西亞墓地，200多個洞穴，我們會在步行徑健行約一小時，參觀洞穴和欣賞開滿山頭的春花，再到小鎮參觀古老餅房及小型芝士製造，品嚐“Ricotta”芝士。

下午參觀聖比亞焦普拉塔尼復活節傳統「麵包拱門」 (Easter Arches of San Biagio Platani)。

餐: 含早、午、晚餐. 宿: 阿格里真托

Today we will visit an off the beaten path destination, the Sant'Angelo Muxaro. The small town is situated on top of a hill where the surrounding area was inhabited in the late Bronze Age, as artifacts dating around 1300 BC. They are still found in the tombs called tholos scattered throughout the district. We will have a beautiful walk around the area, enjoy the spring time flower blossom and see some of these tholos. Back to the village we will have authentic experience with the locals, visit the local cheese maker and traditional bakery.

In the evening we will visit San Biagio Platani to appreciate a very unusual Easter celebrations Arches of Easter which made by breads prepared by the locals months before Easter showcase grandiosity and beauty.

Meal: Breakfast, lunch and Dinner included. Overnight: Agrigento





日 行程

Day 土耳其階梯 ~ 拉古薩 (全日約140km, 2.5小時車)

6 Scala dei Turchi~ Ragusa (Today we drive around 140km, 2.5hrs)

早上前往土耳其階梯 (約30分鐘車程) - 《西西里的美麗傳說》的浪漫場景，也叫白石崖，看起來像是一片白茫茫的世界。

後驅車前往拉古薩 (UNESCO) (約2.5小時車程)，是美麗的巴洛克城。我們會遊覽Ragusa Ibla 老城區。

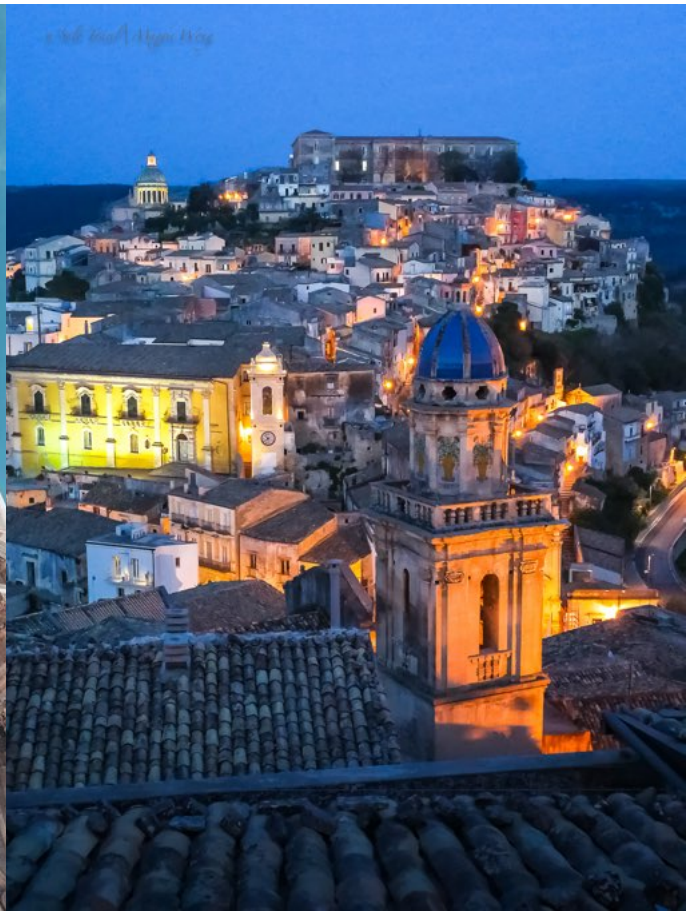
餐: 含早、午、晚餐. 宿: 拉古薩

This morning we visit Scala dei Turchi. White cliff located along the stretch of sea between Realmonte and Agrigento, and its rock is made of a soft, limestone and a blinding white marl.

Drive to Ragusa (UNESCO) (about 2.5 hrs drive), its one of the most beautiful Baroque town in Sicily, we will visit the Ragusa Ibla.

Meal: Breakfast ,lunch and Dinner included. Overnight: Ragusa





Day 7 莫迪卡~ 古法巧克力製作~ 馬爾扎梅米 (全日約160km, 3小時車)

Modica~ Chocolate Experience ~Marzamemi (Today we drive around 160km, 3 hrs)

早上驅車前往莫迪卡，莫迪卡不但以手工巧克力聞名，同時也是一座華麗的巴洛克城鎮，依山而建的地形，我們會於莫迪卡市內觀光- 主要欣賞建築物Chiesa San Giorgio。

參觀巧克力製作~ 莫迪卡古法巧克力製作源自16世紀，我們會探尋當地巧克力工廠，揭秘神奇製作工序。

驅車前往馬爾扎梅米觀光，它被認為是意大利最美麗的20個海鎮之一。 這個中世紀吞拿魚村，今天遊客專程來品嚐各吞拿魚製品，迷人的海景餐廳，我們在海邊賞日落及品嚐海鮮晚餐。

餐: 含早、午、晚餐. 宿: 西拉庫莎

Today morning we will visit Modica, this beautiful Baroque town is known for its architecture as well as the traditional Monica handmade chocolate. We will visit the town's important architecture for example the Chiesa San Giorgio. And we will visit the most famous chocolate producer, get into the kitchen and watch the chocolate making process, some chocolate tasting and shopping.

After we will drive to Marzamemi, a sea town regarded as one among the most beautiful 20 sea towns of Italy. Its famous for its tuna products, we will have seafood dinner by the sea while watching the sunset.

Meal: Breakfast and Dinner included. Overnight: Syracuse



Day 8 西拉庫莎
Syracuse

西拉庫莎由古希臘移民在西元前八世紀建立，隨後發展成地中海的重要城市之一，奧提伽島 (Ortigia) 是西拉庫莎的一個島嶼，又稱為老城，包括許多歷史建築，景點包括熱鬧的市場，古蹟阿波羅神殿，大主教堂，這是西西里島最令人驚嘆的教堂，你仍然可以看到公元前開始5世紀古希臘Doric Temple 柱子的等。

早上稍作導覽後，奧提伽島自由時間購物，拍照及午餐。如果時間允許，我們將參觀天然洞- 狄俄尼索斯的耳朵。

在日落時分，我們的攝影師將帶您到一個秘位，靠近海邊的舊採石場拍攝日落照片。

餐: 含早、晚餐. 宿: 西拉庫莎

Today we will have a full day to explore Syracuse . Syracuse is brimming with incredible history. Visit archaeological sites and Ortigia, Syracuse's island heart. Ortygia was colonized by ancient Greeks (2700 years ago) who also fortified it. We will have have a Ortygia tour, including a stroll in the local market, the Syracuse Duomo, which is the most amazing church on Sicily where you can still see the old ancient Greek columns that said to be there from 5th bc. still can be seen incorporated in the walls of the current church.

After the guided tour you will have free time to explore more Ortigia, shopping and have lunch on your own. Later If time allowed we will visit a nature limestone cave- Ear of Dionysius

During sunset time, our photographer will bring you to a secluded spot, an old quarries area next to the sea for sunset photo shooting.

Meal: Breakfast and Dinner included. Overnight: Syracuse

Catania - Etna Firrito Winery - Mount Etna

早上驅車前往卡塔尼亞埃特納火山區(Etna)(約2小時車程)，埃特納是西西里島東岸的一座活火山，海拔3200米以上，是歐洲海拔最高的活火山。

先參觀於埃特納最好的酒莊之一 Etna Firrito Winery 品嚐埃特納火山葡萄酒，埃特納火山由於有本身的特殊氣候，高海拔，富含礦物鹽的火山土壤，和顯著的日夜溫差，產出頂級葡萄酒。

下午遊覽火山，我們會遊覽火山北或南面 (Valle del bove, silcestri craters and Piano Vetore)(要根據當天的天氣情況以及火山本身的活躍度的情況) (火山上天氣較冷，請客人準備厚一點的衣服。)

餐: 含早、午、晚餐. 宿: 卡塔尼亞.

In the morning we drive to Etna region (about 2 hrs drive). Etna is an active volcano on the eastern coast of Sicily. It is 3,200 meters above sea level and is the highest active volcano in Europe.

First we will visit Etna Firrito Winery, one of Etna's finest wineries, to have a wine tasting lunch, taste the Etna volcano wine, which has its own special climate, high altitude, mineral salt-rich volcanic soil, and significant day and night temperature difference , producing top wines.

In the afternoon, we will visit the north or south of the volcano (Valle del bove, silcestri craters and Piano Vetore) (Touring the volcano depends on the weather conditions of the day and the activity of the volcano itself.) (The weather on the volcano is cold, please prepare thicker clothes.)

Optional: Meal: Breakfast, lunch, dinner. Accommodation: Catania.



Day 10 陶美娜-卡塔尼亞~ Aci Castello(全日約120km, 2小時車)

Taormina ~ Catania ~village of Aci Castello (Today we drive about 120km, about 2 hrs)

早上驅車前往陶美娜(約55分鐘車程)，依山而建的小鎮蘊藏着許多文化寶藏。我們會參觀建於公元前3世紀的古希臘劇院，劇院更坐擁無際海景，看到埃特納火山。

及後陶美娜自由時間購物，拍照及午餐。及後驅車返回卡塔尼亞。

卡塔尼亞素有“南方米蘭”之稱，面向愛奧尼亞海，背靠白雪皚皚的埃特納活火山，卡塔尼亞是真正的火山之都，數次被地震和火山爆發摧毀。由本地導遊帶領市內觀光，景點包括 Piazza Duomo(主教座堂廣場), Via Crociferi (是市中心最古老的街道之一)等。

晚上，我們將參觀Aci Castello村。及在海邊餐廳歡送晚宴。

餐: 含早、晚餐. 宿: 卡塔尼亞.

We will visit Taormina this morning. Taormina is a hilltop town on the east coast of Sicily. It sits near Mount Etna, we will first visit the Teatro Antico di Taormina, an ancient Greco--Roman Teatro still used today.

More free time to explore Taormina, shopping and enjoy lunch on your own.

In the afternoon, Walking tour with guide- Catania city tour .

In the evening we will visit the village of Aci Castello. We will have a farewell dinner in restaurant near the sea.

Meal: Breakfast, dinner. Accommodation: Catania.

Day 11 卡塔尼亞~卡塔尼亞機場

Catania city~ Airport

我們早上會到漁市場參觀，是西西里最熱鬧的魚市。及後卡塔尼亞自由時間購物，拍照及午餐。

導遊將把團隊送到卡塔尼亞機場出發回程。

餐: 含早餐

Morning visit the Catania fish market which is the most vibrant fish market in Italy. Then you will have more free time to explore Catania and enjoy your own lunch.

Tour guides will send the group to Catania airport for departure.

Meal: Breakfast.

酒店:

Night	City	Accommodate in below listed or same grade hotels
1	Scopello	Hotel Baglio Dello Zingaro***
2	Marsala	Baglio Oneto Wine Resort *****
3-5	Agrigento	Scala dei Turchi Resort****
6	Ragusa	Mediterraneo Palace ****
7-8	Siracusa	Hotel Mercure Prometeo ****
9-10	Catania	Hotel Best Western Hotel Mediterraneo / Il Principe Hotel di****

(註: 住宿以上或同級，須於收取訂金才能確定酒店 No reservation has been made before deposit payment.)

(圖片只供參考，實際房間景觀由酒店安排，行程所包的是標準房間，一般為16-18m²)
 Photos for reference only, actual room size subject to hotels' arrangement, typical standard room size range from 16-18m²)



Baglio Oneto Wine Resort